



THE SEXTIUS BATHS

55, cours Sextius - BP 30 Carré Pro - 13101 Aix-en-Provence cedex 1
Tel: +33 (0)8 00 63 96 99 ou Tel: +33 (0)4 42 23 81 81 - Fax: +33 (0)4 42 95 11 33
E-Mail: thermes.sextius@wanadoo.fr - Web: www.thermes-sextius.com

The New **Thermes Sextius** and its naturally hot and mineralised spring water are dedicated to a true temple of well-being and harmony. Regeneration and fitness, backache and spasms, tired legs and bad blood circulation, body sculpting or pre and post natal treatment. Our tailor-made programmes can be easily adapted according to your availability: for one week, a morning or just an hour... for a sense of happiness which is within your reach.

GREAT IDEAS AND EASY PRICES FOR THE WELL-BEING OF YOUR BODY AND MIND

Package 1 Lotus: from € 83.00

4 hydrotherapy treatments including 3 of the following: Hydromassing bath, Airbath, Berthollaix, Aquarobics, Aqua-Training, Aqua-Exercising
+ 1 mud application or jet shower

Package 2 Lotus: from € 94.00

4 hydrotherapy treatments including 3 of the following: Hydromassing bath, Airbath, Berthollaix, Aquarobics, Aqua-training and Aqua-Exercising
+1 Zen spray massage (20 mn)

Package 3 Lotus: from € 102.00

4 hydrotherapy treatments including 2 of the following: Hydromassing bath, Airbath, Berthollaix, Aquarobics, Aqua-Training and Aqua-Exercising
+ 1 mud application or jet shower
+ 1 Zen spray massage (20 min)

You can easily change the Zen spray massage for a spray exfoliation with "Fleur de Sel de Camargue" (rate: from € 59.00 supplement)

If taken as 5th treatment, Spray exfoliation with "Fleur de Sel de Camargue" from € 43.00.

Those packages open up free access to our relaxing area (Sauna, Hammam, and Jacuzzi), exercising area (fitness, energy gym courses) and to the exterior swimming-pool.

Groups:

Rates may be negotiated from 10 people onwards through the Thermes Sextius and possibility of lending special hygienic sandals

WELL-BEING AND FITNESS PROGRAMME

(for individuals)

A new holidays theme in Aix-en-Provence

- Regeneration and fitness programme
- Pre and post natal treatment
- Anti-cellulite R-FAT® programme

Information and Reservations:

AQUABELLA hotel
Tel: +33 0(4) 42 99 15 00 ou +33 0(4) 42 99 15 19
E-Mail: reservation@aquabella.fr
Web: www.aquabella.fr
or www.thermes-sextius.com



Photo: Thermes Sextius - P. Berchery

In the heart of the old town, adorning the thermal baths, the **AQUABELLA** hotel, 3* and of recent construction combines the necessary comfort for a clear business mind with all you need to relax.

The hotel provides direct access from your room to the **SEXTIUS BATHS** especially to the Fitness centre (equipped with Sauna, Hammam, and Jacuzzi), the exercising area (fitness, energy gym courses) and the exterior swimming pool.

2 formulas:

The 'Standard Room' (CS) facing the old town or the garden and its swimming-pool.

The 'Privilège Room' (CP) with a terrace facing the old city and a set of welcome products from Damana.

All bedrooms provide sandals, bathrobes, minibar, safe, colour and satellite TV, Internet, bathroom and toilets.

A public parking close to the hotel.